



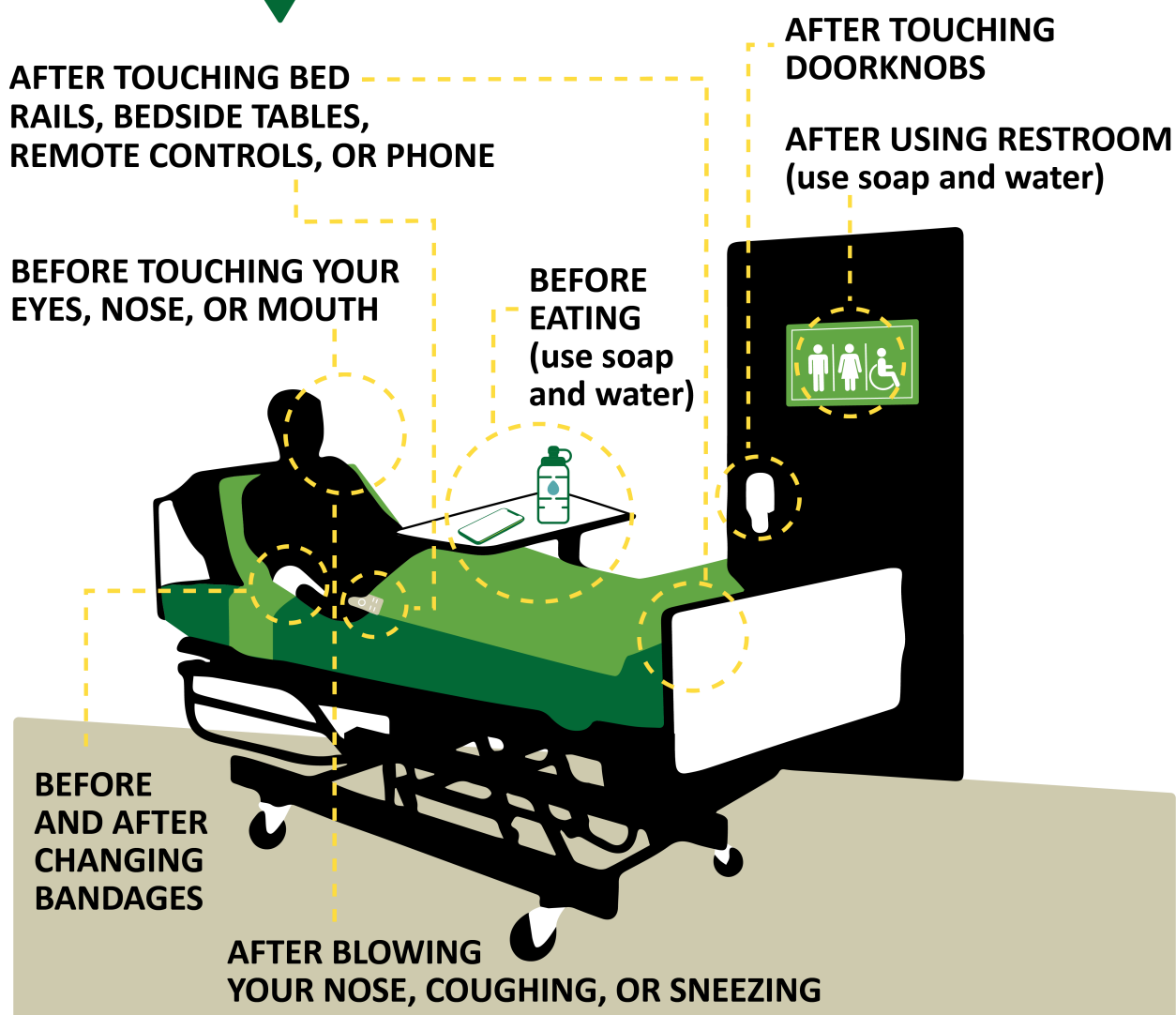
Saskatchewan  
Health Authority

# Protect Yourself By Cleaning Your Hands

**Germs that cause serious infections are in health care settings**

- When you are a patient or visitor, you might get germs on your hands from things you touch.
- Cleaning your hands will get rid of these germs.
- **Alcohol-based hand sanitizer** is the easiest way to clean your hands.

## WHEN TO CLEAN YOUR HANDS:



Scan to plan a safe visit

Developed in collaboration with Patient Family Centered Care & Infection Prevention and Control

*Healthy People, Healthy Saskatchewan*

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



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